

الدكاء العاطفي: مفهومه وتنميته في القرآن الكريم^١

زينب بنت عباس بن علي العجمية^١ ومحمد عبد الكريم العياصرة^٢

*(The Emotional Intelligence: Its Concept and Development
in the Holy Qur'an)*

ABSTRACT:

1400 Years ago, the Holy Quran has dealt with Emotional Intelligence using its miraculous style and fundamental terms. Thus, the current research based on that principle about the Holy Quran. The Holy Quran has not left humans' emotions without refinement or discipline. It has been concerned about one's physical, spiritual and psychological composition. Therefore, humans can rise civically and educational and can achieve the main goal Allah has created them for. The goal for which Allah has harnessed the universe for them to build an emotionally, civically and economically elegant civilization.

Keywords: *Emotions, Emotional Intelligence, Cognitive & Scientific superiority, Emotion.*

^١ This article was submitted on: 7/08/2017 and accepted for publication on: 9/02/2018.

¹ Zainab bint Abbas AL-Ajmi, Sultan Qaboos University, Sultanate of Oman, email: S5390@student.squ.edu.om

² Mohammad Abdulkareem AL-Ayasrah, Sultan Qaboos University, Sultanate of Oman, kareem@squ.edu.om

خامسًا: لم يرد لفظ الذكاء العاطفي بصورة واضحة وصريحة في القرآن الكريم، وإنما يمكن استنتاج الدلالات النفسية التي أشار إليها، والأساليب التي خاطب بها وجدان المسلم بمفاهيم عاطفية واضحة حدد القرآن من خلالها قوانين العلاقات الاجتماعية، وأرسى المبادئ التي تُعين الإنسان على مواجهة ظروف الحياة، وتسهيل عملية تكيفه مع البيئة الاجتماعية، وتفعيل دوره في الحياة ليكون أتمودجًا يحتذى به في عالم يضح بالمتغيرات المتسارعة.

المصادر والمراجع:

REFERENCES:

- Abdul Bāqī, M. F. (1406H/1986). Al-mu'jam al-mufahris li alfāz Al- al-Qur'an al-Karīm. Cairo: dār al-ḥadīth.
- Abu Ghada, H. A. G. (2007). Makāim al-akhlāq wa atharuhā fi al-ta'āluf al-ijtimā'ī. Wizārat al-awqāf wa al-shu'ūn al-islāmiyyah. Kuwait, year 43 (495).
- Abu Hassan, Y. I. A. R. (2013). Alzakā' al-ātifi fi al-Qur'an al-Karīm: dirāsah maudūiyyah, MA thesis, University of Malaya, Kuala Lumpur.
- Abu Mustafā, A. E. M. I. (2009). Ma'ālim al-tarbiyyah al-wujdāniyyah fi al-Qur'an al-Karīm. MA thesis, Islamic University of Gaza.
- Al-Astul, M. R. M. (2010). Al-zakā' al-ātifi wa alāqatuhu bi mahārāt muwajjahat al-dghūt ladā ṭalabah kuliyāt al-tarbiyyah bi jāmi'āt Gazzah, MA thesis, Islamic University, Gaza.
- AL-Hasnawi, M. (2007). Al-awātif al-bashariyyah fi al-adab al-islāmī, 2-3, Namāzīj min al-Qur'an al-Karīm. Majallah al-wa'y al-islāmī, Wizarat al-Awqāf wa al-shu'ūn al-islāmiyyah. Kuwait, year 44(501).
- AL-Īyti, Y. (2006). Al-zakā' al-ātifi: nazrah jadīdah fi al-'Alāqah bayna al-zakā' wa al-'Atifah. Damas: Dār al-fikr, 6th. ed.
- Al-Khatīb, M. A. (2007). dābt al-awātif wa al-infiālāt ḍarūrah wa farīdah, majallah al-wa'y al-islāmī, Wizarat al-Awqāf wa al-shu'ūn al-islāmiyyah. Kuwait, year 44(498).
- Al-Ruwailī, A. (2007). Al-infi'ālāt al-insāniyyah wa dābtuhā bi ta'allum al-Qur'an al-Karīm: Dirāsah muqaddamah lil multaqā lil jam'iyyāt al-khairiyyah li taḥfiẓ al-Qur'an al-Karīm bil mamlakah, Riyadh: S.A.
- AL-Shamma, S. M. (2009). Al-Ātifah wa al-Aql bayn al-qalb wa al-dimagh. Cairo: Dār al-thaqāfah li nashr.
- Al-Uthmān, B. M. H. (2014). Al-jam' bayn quwwat al-'aql wa imtā' al-'ātifah fi uslūb al-Qur'an al-Karīm. Egypt: Silsilah dirāsāt Arabiyyah wa islāmiyyah: Markaz al-lughāt al-ajnabiyyah bi j/miah al-Qāhirah. Vol.46.
- Al-Zahrāni, K. M. A. H. (2015). Maraḍ al-Qalb fi al-Qur'an al-Karīm. Majallah al-hikmah, Saudi A. Vol(53).

- Al-Zghoul, I. A. R. & Hindaw, A. F. (2014). Madkhal ilā ilm al-nafs. Rev. Māhir A. H and F. M. Al-Ain: Dār al-kitāb al-Jāmi'ī.
- Bourguiba, D. (2008). Mazāhir taḥqīq al-ṣiḥḥah al-nafsiyyah fi al-islām. Majallah dirāsāt, Algeria, Vol.(8).
- Colman, Andrew. M. (2006). Oxford Dictionary of Psychology, (New York: University Press Inc.
- Dalgleish, T., & Power, M. J (1999). Handbook of Cognition and Emotion. Wiley. New York.
- Goleman, D.(1995). Emotional Intelligence, (New York: Bantam Book), P40.
- Hussain, M. A. H. (2007). Alzakā' al-ātifi wa al-ta'allum al-ijtimā'i. Jordan: dār al-fikr.
- Ibn Manzūr, M. M. (2003). Lisān al-Arab, Beirut: Dār Sādir.
- Ibrahim, A. M. N. (2011). Al-infi' āl fi al-Qur'ān al-Karīm: naw'an, wa atharan. Majallat Buhūth wa dirāsāt islāmiyyah bi Jāmi'at umm durman al-islāmiyyah. Vol.8.
- Majma' al-Lughah al-Arabiyyah. (2004). Al-Mu'jam al-wasīṭ. 4th. ed.
- Matthews, J. M. (2014). Moral Emotions in Adolescent Girls' Relational Aggression. PHD, (USA: Cornal University. Available from: pro-quest Database).
- Mu'awwad. K. M. (2006). Ilm al-nafs al-'ām. Egypt: markaz al-Iskandariyyah li al-kitab, 2nd. ed.
- Payne, w. L. L. (1986). Study of Emotion Developing Intellence, self Intelligence, relation to fear, pain and desire. PHD, (University Microfilm International. Available from: pro-quest Database.
- Qutb, S. (1992). Fī zilāl al-Qur'ān al-Karīm. Beirut: Dār al-shurūq, 17th. ed.
- Rizq, M. A. S. (2003). Madā fā'iliyyah barnāmij al-tanwīr al-infiālī fi tanmiyah al-zakā al-infiālī li ḡullab wa ḡālibāt bi kuliyyah al-tarbiyyah bi Tāif, Umm al-Qurā University, Majallah Jāmiat umm al-Qurā lil ulūm al-tarbawiyah wa al-ijtimā'iyyah wa al-insāniyyah, 15(2).
- Saeed, S. J. (2006). Āthar Barnāmaj Taelīmī fi al-tarbiyah al-islāmiyyah mustanid ilā nazariyyah al-zakā' al-infi'ālī fi tanmiyah mafhūm al-thāt wa dafi'iyyah al-ta'allum ladā ṭalabah al-marhalah al-asasiyyah al-ulyā fi al-Urdun. PhD. Thesis, Jordan: Amman Arabic University.
- Umar, A. M. (2008). Mu'jam al-lughah al-'Arabiyyah al-Mu'āshirah. Cairo: Alam al-kutub.
- Uthmān, H. A. H. (2016). Al-zakā' al-'Atifi: Mafāhīm wa taṭbīqāt. Jordan: Markaz Debono li ta'alīm al-Tafkīr. 2nd. ed.